



Your Team Around the Family (TAF)

Do you need support?

At times, it can be overwhelming when families have a number of professionals involved. The Team Around the Family is an opportunity to bring everyone together for one conversation.

Why?

All families have their ups and downs. There are times when additional support is needed and sometimes that support could be for different members in the family.

Who?

The family decide who attends the TAF, this can include family members along with professionals you maybe working with e.g School, Day Nurse, health and adults support/services. Depending on the age and understanding of your children, they can be invited. If the children decide not to attend. It would be useful for their views to be captured to be shared at the TAF.

Where and when?

The family choose where to hold the TAF meeting this maybe at school, a community based building or at home. This should be at a time that suits you and your family.

The TAF

At the TAF meeting, everyone present including you and your family will be asked ' what is going well' and 'what are you worried about'. Collectively, a family plan with actions will be agreed. e.g child to attend the GP. It will be agreed who the plan is shared with and a review TAF is usually set.

At review, you will all have time to reflect on the original family plan, to see what the outcome of actions is. This is your time to share your concerns or success story.

If it is agreed by all within the plan, your family no longer require support. Your family TAF can be closed.

Useful signposting

Essex directory of Service

www.essex.gov.uk/children-young-people-and-families/find-support-services-children-and-their-families

Essex Local Offer

<https://send.essex.gov.uk> for families with neurodiversity